


In playing the figure , the student must be completely relaxed. This is a difficult figure and must be played correctly. Tightening up will only cause the triplet to be played incorrectly. All of the triplet figures must be perfectly even.

START
♩ = 72-86



The musical score consists of 11 staves of music, each containing various triplet exercises. The exercises are marked with a '3' above the notes. The dynamics range from *f* (forte) to *ff* (fortissimo), with *mf* (mezzo-forte) and *p* (piano) also used. The score includes several slurs and accents. Handwritten annotations include 'START' at the beginning and 'Stop' at the end of the piece. The tempo is indicated as ♩ = 72-86.