

Student Mindset Survey

1. I want to be better than other students in my class.
2. An important reason why I do my class work is because I like to learn new things.
3. I'd like to show my teacher that I'm smarter than the others in my class.
4. I like class work that I'll learn from even if I make a lot of mistakes.
5. It's very important to me that I don't look stupid in class
6. If I do poorly on an assignment or test, it's because I didn't try hard enough.
7. Natural ability is more important than effort for doing well in school.
8. I can do well on any assignment if I try hard enough.
9. If I do well on an assignment or test, I think it's because of good luck.
10. An important reason why I do my work in class is because I want to get better at it.
11. If I do poorly on an assignment or test, it's usually the teacher's fault.
12. Effort is more important than natural ability for doing well in school.
13. My intelligence is something very basic about me that can't change very much.
14. No matter how much intelligence I have, I can always change it quite a bit.
15. I can learn new things, but I can't really change how intelligent I am.

When you are done, turn this page over for scoring instructions.

Name _____

Student Mindset Reflection

1. Add up the number of TRUEs for the odd-numbered statements. _____
2. Add up the number of TRUEs for the even-numbered statements. _____
3. If you have more for ODD, you have a fixed mindset, and if you have more for even you have a fluid or growth mindset. My mindset is primarily _____.
4. What does it mean to have this mindset?
5. How does this mindset affect how you do in school?
6. What can you do to change your mindset to an overwhelmingly growth mindset and/or to maintain a growth mindset?
7. How can your teachers, parents, etc, help you have a growth mindset?

Teacher Mindset Survey

1. I want to be better than other teachers
2. An important reason why I do my work is because I like to learn new things.
3. I'd like to show other people that I'm smarter than the others in my subject area.
4. I like work that I'll learn from even if I make a lot of mistakes.
5. It's very important to me that I don't look stupid.
6. If I do poorly on something, it's because I didn't try hard enough, not because the assignment was too hard.
7. Natural ability is more important than effort for doing well in school.
8. I can do well on anything if I try hard enough.
9. If I do well on something, I think it's because of good luck.
10. An important reason why I do my work is because I want to get better at it.
11. If I do poorly, it's often someone or something's fault.
12. Effort is more important than natural ability for doing well in school.
13. A student's intelligence is something very basic about her that can't be changed very much.
14. No matter how much intelligence she has, she can always change it quite a bit.
15. Students can learn new things, but they can't really change how intelligent they are.

What mindset are you and how does this affect your teaching?