

Successful Learning for One and All!



Manse Elementary Hawk Herald

Volume 3 Issue 32

April 28, 2010

From Mrs. Visser

Before we know it, this school year will be over. We are planning our field day. This year we are doing things a little different. We plan to have a picnic lunch (hot dogs and hamburgers) on Wednesday afternoon followed by outdoor activities. This will leave time on Thursday morning for students and teachers to say good bye for the summer.

Fifth Grade students will have a special field trip to the middle school for an orientation on Tuesday, May 4th. They will take a campus tour and find out what middle school will be like. You are invited to meet your student at Rosemary Clark at 9:00. The students will go on the bus.

Cheer Clinic

Rosemary Clark Middle School

When: Monday, May 3rd— Thursday, May 6th

Time: 4:00 pm to 5:30 pm

Location: RCMS Gymnasium

Cost: \$40.00 per participant
Cash or money order only—no checks please. Money is due the first day of clinic along with registration form.

*Registration form must be completed & signed

* Wear comfortable clothing (gym shorts & t-shirt) and gym shoes

**RCMS encourages both male and female participants for the squad.

Contact Mrs. Page with any questions:
tracypage@hotmail.com

Registration forms are available at the office or from your student's teacher.

College Savings Day

Entries for the 2010 Nevada \$529 College Savings Day Contest, open to all Nevada K-5th students, are being accepted up until May 21, 2010. The State Treasurer's office is teaming up once again with the Nevada Bankers Association and Upromise to sponsor contest. Six students will receive a prize of a \$529 gift to be used to open a college savings plan account or to enhance an existing account. The theme of the contest is "**I want to go to college so I can become a _____.**" To enter the contest go to <https://nevadatreasurer.gov>

Upcoming Events

Special School Board Meeting —Budget Issues—6:30 at the Southern District Office across from Manse	Apr 29
Awards Assemblies 2nd & 3rd at 1:15; Kindergarten at 1:45; and 1st, 4th, & 5th at 2:15	Apr 30
RCMS 5th Grade Orientation for students and parents. Students will take school bus to RCMS. 9:00 am to 11:30 am	May 4



The Luau was a big hit. I would like to thank all parents, teachers and the Manse PTO for all their help. A special thanks to Mrs. Schroeder and her first grade class for making the flower decorations.

Deeann Velazquez,

Family Fun
Night Coordinator.

Thank You!



Cheer Tryouts Rosemary Clark Middle School

When: May 10th—13th

Time: 4:00 pm to 5:30 pm

Location: RCMS Gymnasium

*****Mandatory parent meeting on May 6th at 5:30 in the gym.**

****Tryouts are closed to the public (no parents).**

Contact Mrs. Page with any questions or concerns:
tracypage@hotmail.com


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manse.nye.k12.nv.us

CJ'S WINDSHIELD REPAIR
"Save Money with Rock Chip Repair"
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 Pahrump, NV
 Dave Beatty Owner/Operator

Yard Sale
 Friday and Saturday,
April 30th & May 1st
 110 McMurray off of N. Blagg Rd.
8:00 am to 3:00 pm

Breakfast	
29	Muffin & Choice of Cereal
30	Bagel & Cream Cheese
3	Not Available
4	Not Available
5	Not Available
Lunch	
29	Hot Dog or Hamburger
30	Fish or Chicken Nuggets
3	Not Available
4	Not Available
5	Not Available

Happy Birthday

Samantha
We Love You!

Enroll early at Pahrump Valley Preschool and receive your 1st month free! Preschool and Pre-K classes available.
 Visit our website at www.PahrumpPreschool.com or call Jennifer at 751-4891 for more info.

Pahrump Valley Preschool will have a **FREE** parent workshop on "How to Teach Your Child through Play" ages 3-5 years old. There will be 4-30 minute classes held from 10-12 on Saturday, May 1st. Located at 2141 Cortina St. off Winery Rd. Contact Jennifer at 751-4891 or visit our website at www.PahrumpPreschool.com

Spring has Sprung, just like everything else this time of year! Call Chris Maynard for all your fertilizing, weed extermination, and sprinkler repair needs (702) 672-8568 serving Pahrump & Las Vegas
 *Fertilizing & weed extermination also available in organic solutions.

Nutritionist: Schools should be cautious in focusing on weight
 By Colleen O'Connor
The Denver Post 4/24/2010

Schools should be cautious in their approach to improving student health and fighting childhood obesity, one nutritionist says. Dayle Hayes, speaking at the Colorado PTA convention, said focusing too much on obesity could increase the

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 Run your ad here for garage sales, puppies for sale or for that special person at Manse, a Happy Birthday! Deadline is Fridays or the last day of the week if there is a holiday. Forms are in the office. \$2 per box.

Food for Thought
 The PTO Food for Thought program aids students who regularly eat only at school by sending home enough food to feed students through the weekend. Information is kept private and confidential. If your family is struggling and would like to participate in this program, permission slips are available in the front office. If you have questions, please call our Food for Thought Program Coordinator Jodi Burrows at 751-9353 or email her at mansepto@yahoo.com.

stigma of being overweight -- a leading cause of school bullying -- and put more pressure on students who are already barged by media images about being thin.

- Breakfast for every child, at home or at school. Studies show that kids who eat breakfast are less likely to be overweight, are faster at math and have better behavior.
- Recess before lunch. Research shows that kids will be more relaxed and focused on eating instead of the playground.
- Nutrient-rich lunches, and time to enjoy them. Kids need at least 20 minutes seated time at lunch, she said.
- Create more safe routes for walking or biking to school. Just 15 to 20 minutes of such exercise on the way to school, she said, "is more than half the physical activity they need."
- Have regular classroom energizers. Giving kids a break in the classroom to move their bodies gets oxygen into their brains and helps them learn better.

At Manse we schedule 20 minutes to eat—however we need to do better at this because all students don't get their meals as soon as they get to the MPR. We schedule recess before lunch. Many of our teachers have classroom energizers. Hopefully we will have more walking/biking routes to the new school.