



GARWOOD PUBLIC SCHOOLS















Maschio's Food Services Proudly Serving Your School

Maschio's Food Services, Inc.

FEBRUARY 2010 Lunch Menu

Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
1 "MAC" Muffin Sausage, Egg & Cheese on a Biscuit Hash Brown Patty Peach Cup 100% Fruit Juice, Milk	2 Ground Hog Day Pasta in Pink Sauce Warm Garlic Bread Green Beans Chilled Fruit Milk 	3 Domino's Pizza Garden Salad 100% Grape Juice Milk Pudding	4 Cheese Steak Sand. Peppers & Onions Tater Tots Chilled Fruit Milk	5 Personal Pan Pizza Tossed Salad Chilled Fruit Milk
8 Waffle Sticks w/Syrup Sausage Patty 100% Juice Applesauce Cup Milk	9 Corn Dog on a Stick Tater Tots Golden Corn Chilled Fruit Milk	10 Domino's Pizza Garden Salad 100% Grape Juice Milk Pudding 	11 Spaghetti & Meatballs In Marinara Sauce Warm Garlic Bread Mixed Vegetables Chilled Fruit Milk	12 PRESIDENTS WEEKEND SCHOOL CLOSED  
15 PRESIDENTS WEEKEND SCHOOL CLOSED  	16 Year of the Tiger General Tso's Chicken Steamed Rice Mandarin Vegetables Chilled Pineapple Milk	17 Domino's Pizza Garden Salad 100% Grape Juice Milk Pudding 	18 Popcorn Chicken Tater Tots Green Beans Chilled Fruit Milk	19 Personal Pan Pizza Carrot Sticks & Dip Chilled Fruit Milk
22 Cinnamon Swirled French Toast Sausage Patty Peach Cup, 100% OJ Milk 	23 Chicken Fajita's Salsa, Sour Cream Spanish Rice Applesauce Cup Milk	24 Domino's Pizza Garden Salad 100% Grape Juice Milk Pudding	25 Pasta & Meatballs Warm Garlic Bread Carrot Sticks Chilled Fruit Milk  	26 Personal Pan Pizza Tossed Salad Chilled Fruit Milk Fruit of the Month: Pineapple Vegetable of the Month: Sweet Potatoes  

Student Lunch \$ 2.50

Adult Lunch \$3.25

"SIDEKICKS"

Milk	\$.65
Soy Milk	\$ 1.00
Fresh Fruit	\$.60
Baked Chips	\$.60
Ice Cream	\$ 1.00
Cookie	\$.35
Hot Pretzel	\$.75
Juice Box	\$.75
Spring Water	\$.50
Pudding	\$.50

Additional Lunch Selections:

- *Bagel Bag Lunch
- *Hot Dog on a Bun
- *Salad Bar
- *Peanut Butter and Jelly Uncrustable
- *Veggie Burger

with Fruit and Milk
\$ 2.50/\$3.25

www.maschiofood.com

"SANDWICH STACKERS"

Assorted Sandwiches

Monday: Egg Salad on W. Bread
Tuesday : Bologna & Cheese on Wheat
Wednesday: Turkey & Cheese on Roll w/Lettuce & Tomato
Thursday: Chicken Caesar Wrap
Friday: Italian Hoagie

with Side Salad, Fruit and Milk
\$ 2.50/\$3.25

Choice of flavored or unflavored, low fat milk with all meals.
Rice and soy milk will also be available for an additional charge.
Money can be put on your child's account by sending cash or check to the cafeteria made payable to the Garwood Board of Ed.

MENU SUBJECT TO CHANGE

Cafeteria Phone# 908-233-1672

Carrot Sticks and Bread Basket available daily.

