

**Douglas County School Nutrition**  
**NOVEMBER ELEMENTARY SCHOOL LUNCH MENUS**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/2/2009	11/3/2009	11/4/2009	11/5/2009	11/6/2009
Breaded Steak & Gravy w/Roll Pizza dippers Salad: Egg No Sandwich Choice	Teriyaki Chicken w/fried rice Sausage pizza Cheese Pizza Salad: turkey	Chicken Pot Pie Beef Taco w/S & S Salad: Ham Peanut Butter Sandwich	Chili w/ crackers Hot Dogs Salad: Turkey Sand: grilled cheese	Macaroni & Cheese w/Roll Chicken Fillet Sandwich Salad : Tuna No Sandwich
Mashed Potatoes/Green Beans/Fresh Apple Half/Mandarin Oranges/Fruit Drink	Tri-tater/garden salad banana half/cinnamon apples Fruit drink	Shredded Lettuce Tomato Cup/Steamed Corn/Fresh Pear Half/Peaches/Fruit Drink	baked potato/coleslaw orange Half/pineapple Fruit Drink	Potato Rounds/Steamed Broccoli Fruit Blend Fruit Drink
Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	apple bread Milk Choice	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored
11/9/2009	11/10/2009	11/11/2009	11/12/2009	11/13/2009
Brunswick Stew/crackers Corndog nuggets Salad: turkey Sandwich: Grilled Cheese	Hot Ham & Cheese Sandwich Chicken Nuggets w/Roll Salad: Ham Sandwich: PBJ	BBQ chicken/roll hamburger veggie burger salad: tuna salad	Beef Lasagna w/Roll or Cheese Lasagna w/Roll Chicken Patty Sandwich Salad: Ham	Sloppy Joe on Bun Pepperoni Pizza Cheese Pizza Salad: Turkey
tater tots/green beans Orange wedge/pineapple dessert/fruit drink	Potato Wedge/Baked Beans Fresh Apple Half/Chilled Peaches/Fruit Drink	french fries/mixed veggies fresh fruit/chilled peaches fruit drink	Whole Kernel Corn/Garden Salad/Banana Half/ Fruit Cocktail/Fruit Drink	Mashed Potatoes/Winter Blend Vegetables/ Fruit Blend Fruit Drink
Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored
11/16/2009	11/17/2009	11/18/2009	11/19/2009	11/20/2009
Beef Chili Macaroni w/Roll Chicken Nuggets w/Roll Salad: Egg Sandwich: Grilled Cheese	Grilled Cheese Sand/chick noodle soup chicken patty sandwich salad: Ham Sandwich: PBJ	Sweet & Sour Chicken w/Rice Sausage Pizza Cheese Pizza Salad: Turkey	Turkey/dressing/gravy cheese stix/dip salad: ham sand: pbj	Burrito Hot Dog/chili choice Salad : Turkey Sandwich: PBJ
French Fries/Mixed Vegetables Fresh Pear Half/Chilled Peaches/Fruit Dink	tri-tater/tropical fruit Apple Half/Fruit Drink Gourmet Cookie	Potato Rounds/Green Peas Banana Half/Cinnamon Apples Fruit Drink	Candied Yams/Green Beans/ Orange Half/Mixed Fruit Fruit Drink	French Fries/Coleslaw Fruit Blend Fruit Drink
Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored
11/23/2009	11/24/2009	11/25/2009	11/26/2009	11/27/2009
Holiday	Holiday	Holiday	Holiday	Holiday
11/30/2009	12/1/2009	12/2/2009	12/3/2009	12/4/2009
bbq hot wings/roll hamburger salad:turkey pbj uncrustable	Nachos w/ cheese or beef Corn dogs salad: egg Sandwich: PBJ	Oven Fried Chicken w/Roll Pepperoni Pizza Cheese Pizza Salad: Ham	Meatloaf w/Roll Chicken Patty Sandwich salad: turkey sand: pbj	Spaghetti & Meatsauce w/Roll Chicken Nuggets w/Roll salad: ham sandwich: grilled cheese
French Fries/LTP Cup/cheese Applesauce/Fruit Drink fresh fruit	Potato Wedge/Shredded Lettuce & Tomato/Fresh Apple/ Mandarin Oranges/Fruit Drink	Mashed Potatoes/Steamed Broccoli/Orange Wedge/ Mixed Fruit/Fruit Drink	Green Beans/Carrots w/Dip Banana Half/Peaches Fruit Drink	Seasoned Corn /Garden Salad/Fresh Fruit Blend Fruit Drink
Milk Choice: Skim, Lowfat flavored & unflavored birthday dessert	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored	Milk Choice: Skim, Lowfat flavored & unflavored

**MENU SELECTIONS**

**Choose 1 Entrée**  
 Traditional/Contemporary  
 Salad/Sandwich  
**Choose up to 3**  
 Fruit/Veggies  
 Salads: up to 2 fruit only

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**IMPORTANT DATES**

Progress Reports 11/13  
 Holiday Week - 11/23-27  
 Thanksgiving - 11/26

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**Allergy Corner**

**Foods w/Soy**  
 Corn Dog, Fish Nuggets,  
 Fresh Rolls, Bread,  
 Buns, Pizza, Pastas, Chicken  
 Patty, Filet, Tenders, Nuggets  
 Nacho Chips, Recipes w/Margarine  
 Cheese Sticks, Pizza Wedges,  
 Tortillas, Cornbread, Brownie  
 Hushpuppies, Brownies, Cake and  
 Cinnamon Roll, Garden Burger

**Foods w/Pork**  
 Jello, Pepperoni and Sausage Pizza,  
 Rib B Q Sandwich, Ham Stromboli,  
 Ham Sandwich and Salad,  
 BBQ Shredded Pork Sandwich,  
 Strawberry & Cherry Applesauce  
 (Flavored with Gelatin)

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**Abbreviations**  
 (CB) Cornbread  
 (LTP) Lettuce, Tomato, Pickle  
 (SC&S) Sour Cream & Salsa

**CafeteriaCash**

Create an Account  
 Deposit Lunch Money  
 Review Account Balance





