





O'Rourke Lunch Menu November 2009



All menus are subject to change!

Salad served daily!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 BEEF STEW RICE/SQUASH GREEN BEANS FRUIT/JUICE/MILK CRACKERS 3-A BLONDE BROWNIE	3 CHILI CRISPITO W/ SALSA/ CORN MEXICAN RICE PINTO BEANS FRUIT/JUICE/MILK PB COOKIE 3-D	4 COUNTRY STEAK W/ GRAVY CREAMED POTATOES SWEET PEAS FRUIT/JUICE MILK/ROLL 3-C	5 TURKEY W/ PASTA BROCCOLI W/ CHEESE SWEET POTATOES FRUIT/JUICE/MILK ROLL 3-B	6 FISH NUGGETS BAKED BEANS TATER TOTS FRUIT/JUICE/MILK CORNBREAD 3-E	7
8	9 CHICKEN POT PIE W/ BISCUIT PEAS & CARROTS CORN FRUIT/JUICE/MILK CHEESECAKE 4-B	10 MEXICAN PIZZA BROCCOLI 4-D TATER TOTS FRUIT/JUICE/MILK PEANUT BUTTER BAR	11 	12 SPAGHETTI GREEN BEANS SLICED CARROTS FRUIT/JUICE/MILK ROLL 4-C	13 CHICKEN NUGGETS W/ SAUCE CREAMED POTATOES W/ GRAVY 4-E SWEET PEAS/ ROLL FRUIT/JUICE/MILK	14
15	16 SALISBURY STEAK W/ RICE & GRAVY GREEN BABY LIMAS CORN/ ROLL 5-A FRUIT/JUICE/MILK	17 STUFF CRUST 5-E PEPPERONI PIZZA BROCCOLI W/ CHEESE MIXED VEGETABLES FRUIT/JUICE/MILK PUDDING W/ TOPPING	18 CORN DOG SWEET PEAS CORN ON COB FRUIT/JUICE/MILK 5-B	19 HOLIDAY MENU TURKEY W/ DRESSING GRAVY/ CRANBERRY SAUCE GREEN BEANS SWEET POTATOES AMBROSIA/ JUICE/ MILK ROLL/ CHERRY COOKIE	20 CHEESE BURGER LETTUCE/ TOMATO/ PICKLES TATER TOTS 5-C BAKED BEANS FRUIT/JUICE/MILK	21
22	23 TACO W/ FIXINGS RICE/ CORN 1-E BLACK BEANS LETTUCE/ TOMATO FRUIT/JUICE/MILK	24 CHICKEN NUGGETS W/ SAUCE 1-D GREEN BEANS ROASTED POTATOES FRUIT/JUICE/MILK GRAHAMS/ TEXAS TOAST	25 Thanksgiving	26	27	28
29	30 BURRITO W/ CHILI RICE/ YAM PATTIES GREEN BABY LIMAS FRUIT/JUICE/MILK 2-A	